

**CURRICULUM FOR THE FOUR-YEAR  
UNDER GRADUATE PROGRAMME UNDER THE  
NEW EDUCATION POLICY  
RABINDRA NATH TAGORE UNIVERSITY  
HOJAI ASSAM**

**DEPARTMENT OF PHILOSOPHY**

**Detailed Curriculum  
For  
FYUGP UnderNEP-2020  
Effective from Academic Year 2024/25**

**BA 1<sup>ST</sup> SEMESTER**

**DETAILED SYLLABUS AND COURSE STRUCTURE OF PHILOSOPHY  
SEMESTERWISELISTOFPHILOSOPHYDSC(DISCIPLINESPECIFICPAPERS)**

<b>SEMESTER</b>	<b>PAPERCODE</b>	<b>NAMEOFTHEPAPER</b>	<b>CREDIT S</b>
<b>I</b>	PHIL(Major)	General Philosophy	4
	PHIIL(Minor)	General Philosophy	4
	SEC	Philosophical Counselling	3

## **SEMESTER I**

### **MAJOR IN PHILOSOPHY**

**Paper Name: GENERAL PHILOSOPHY**

**Paper Code: MAJ-PHIL-1.1**

**Nature of Course: Major**

**Paper Credit: 4**

**Contact Hours:60 Marks Distribution: 80 (Theory)+ 20 (Internal Assessment)**

#### **Syllabus Showing Each Unit Against Class Numbers and Marks**

**Course objectives:** The paper explores the fundamental concepts of philosophy and various branches of philosophy like Metaphysics, Epistemology, Axiology, and ethics within the context of Western Philosophy. The core objectives of this course/paper are:

- i. To introduce students to significant philosophical thought, regarding knowledge and the nature of reality. Students will explore concepts of philosophy, nature, and scope.
- ii. To engage the students with the concepts of knowledge and various theories of knowledge like Rationalism, Empiricism, and critical theory of knowledge. It also deals with Realism, Idealism, and its various types Realism of idealism.
- iii. To introduce the students to the Relation of Metaphysics with Philosophy and various metaphysical concepts like Substance, space, and Time.
- iv. To be Familiar with the Relation of Ethics with Philosophy and also with the various parts of ethics.
- v. To cultivate an appreciation for diverse philosophical perspectives. This course will encourage students to develop an open-minded and inclusive attitude toward Major philosophical concepts.
- vi. To enhance critical thinking and analytical skills. Students will learn to critically assess philosophical theories, identify logical fallacies, and construct well-reasoned arguments in response to complex philosophical questions.

**Learning Outcome:** After competition of the paper the student will be able to know the basic and core concepts of philosophy. The Course will also train the students to know the basic epistemological, metaphysical and ethical aspects of philosophy.

<b>Unit</b>	<b>Title</b> <b>General Philosophy</b>	<b>Marks</b> <b>100</b>	<b>Classes to be taken</b> <b>Lecture: 60</b> <b>Tutorial:20</b> <b>Total in Hrs:60 hrs.</b>
<b>Unit I</b>	Introduction: Nature and Scope of Philosophy. Branches of Philosophy Metaphysics, Epistemology, Axiology	<b>25</b>	<b>15</b>
<b>Unit II</b>	Metaphysics: Nature and Scope of Meta- physics. Substance, Causality, Space and Time	<b>25</b>	<b>15</b>
<b>Unit III</b>	Epistemology: Nature and Scope of Epistemology. Theories of the origin of knowledge. Empiricism Rationalism and Kant's Critical Theory Nature of knowledge: Realism and Idealism and its different kinds	<b>25</b>	<b>15</b>
<b>Unit IV</b>	Ethics Nature and Scope of Ethics.and Branches of Ethics: Normative Ethics, Meta-Ethics and Applied Ethics	<b>25</b>	<b>15</b>

## **BOOKS SUGGESTED**

- 1.Chatterji, P. Outlines of General Philosophy
- 2.Thilly, F. History of Philosophu
- 3.Masi, Y. Critical History of Western philosophy
- 4.Chaterjee, K.P. History of Indian Philosophy
- 5.Hospers, J. An Introduction to Philosophical Analysis
6. Bhattcherji ,J. Introduction to General philosophy
7. Sinha,J. Manual of Ethics

**SEMESTER I**  
**MINOR IN PHILOSOPHY**

**Paper Name: GENERAL PHILOSOPHY**

**Paper Code: MIN-PHIL-1.1**

**Nature of Course: MINOR**

**Paper Credit : 4**

**Contact Hours:60 Marks Distribution: 80 (Theory)+ 20 (Internal Assessment)**

**Syllabus Showing Each Unit Against Class Numbers and Marks**

**Course objectives:** The paper explores the fundamental concepts of philosophy and various branches of philosophy like Metaphysics, Epistemology, Axiology, and ethics within the context of Western Philosophy. The core objectives of this course/paper are:

- i. To introduce students to significant philosophical thought, regarding knowledge and the nature of reality. Students will explore concepts of philosophy, nature, and scope.
- ii. To engage the students with the concepts of knowledge and various theories of knowledge like Rationalism, Empiricism, and critical theory of knowledge. It also deals with Realism, Idealism, and its various types Realism of idealism.
- iii. To introduce the students to the Relation of Metaphysics with Philosophy and various metaphysical concepts like Substance, space, and Time.
- iv. To be Familiar with the Relation of Ethics with Philosophy and also with the various parts of ethics.
- v. To cultivate an appreciation for diverse philosophical perspectives. This course will encourage students to develop an open-minded and inclusive attitude toward Major philosophical concepts.
- vi. To enhance critical thinking and analytical skills. Students will learn to critically assess philosophical theories, identify logical fallacies, and construct well-reasoned arguments in response to complex philosophical questions.

**Learning Outcome:** After competition of the paper the student will be able to know the basic and core concepts of philosophy. The Course will also train the students to know the basic epistemological, metaphysical and ethical aspects of philosophy.

<b>Unit</b>	<b>Title</b> <b>General Philosophy</b>	<b>Marks</b> <b>100</b>	<b>Classes to be taken</b> <b>Lecture: 60</b> <b>Tutorial:20</b> <b>Total in Hrs:60 hrs.</b>
<b>Unit I</b>	Introduction: Nature and Scope of Philosophy. Branches of Philosophy Metaphysics, Epistemology, Axiology	<b>25</b>	<b>15</b>
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7. Sinha,J. Manual of Ethics

**SEMESTER I**  
**SEC IN PHILOSOPHY**

**Paper Name: PHILOSOPHICAL COUNSELLING**

**Paper Code: SEC-PHIL-1.1**

**Nature of Course: SEC**

**Paper Credit :3**

**Marks Distribution: 50 (Theory)+ 25 (Practical)**

**Course objective**

**The course aims at developing the skills of:**

1. Philosophical understanding or wisdom (philos-sophia=love of wisdom) as an end in itself
2. Addressing dilemmas (e.g. decision-making dilemmas), predicaments, and life issues of persons through philosophical examination.
3. Exposing and examining underlying assumptions and logical implications.
4. Exploring conflict and inconsistencies.

**Course outcomes**

**On completion of the course, students are expected to be able to:**

1. Understand the scope of philosophy vis-à-vis psychological counseling.
2. Include self-confidence in one's ability to reason.
3. Develop flexibility in considering alternatives and opinions.
4. Overcome personal problems by adopting different philosophical approaches to philosophical counselling.
5. Develop fair-mindedness in appraising reasoning.

**Syllabus Showing Each Unit against Class Numbers and Marks**

**Credit: 3**

**Theory Credit                      02**

**Practical Credit                      01**

**No. of Required Classes45**



<b>Unit No</b>	<b>Unit Content</b>	<b>No of Classes</b>	<b>Marks 75</b>
<b>I (Theory)</b>	<b>Introduction to Philosophical Counselling:</b> <ul style="list-style-type: none"> <li>• Philosophical Counselling – Its meaning and scope</li> <li>• History of Philosophical Counselling</li> <li>• Philosophical Counselling Versus Psychological Counselling</li> </ul>	<b>15</b>	<b>25</b>
<b>II (Theory)</b>	<b>Approaches to Philosophical Counselling</b> <ul style="list-style-type: none"> <li>• Critical Thinking Approach – Logic-Based Therapy(LBT)- Philosophical Principles of LBT,LBT Fallacies, antidotes</li> <li>• Wisdom Approach</li> <li>• Existential Approach – Existential Based Therapy- Authentic and Inauthentic Life</li> </ul>	<b>15</b>	<b>25</b>
<b>III (Practical)</b>	<b>Project/Dissertation</b>	<b>15</b>	<b>25</b>

The project will be conducted in the form of a project/dissertation which is to be typed or neatly hand-written (2,000 – 3,000 words). The project/dissertation will be based on practical session(s) which is to be conducted by the student (counsellor) with a counsellor/client.

Given below is the list of Problems out of which any one may be chose for addressing in the project/dissertation. The same has to be carried out under the supervision of a teacher.

- Moral issues
- Value disagreements
- Political issues and disagreements
- Time management issues
- Procrastination
- Career issues
- Financial Issues
- Problems with family/Domestic problems
- Peer pressure
- Academic and school-related issues

## **GUIDELINES FOR PRACTICAL COMPONENT (UNIT III)**

The project/dissertation has to be broken into heads as mentioned below:

- Identification of the problem in the counselor/client  
By the student (counselor) (naming the problem, ground for placing it under the chosen category of the problem).
- Philosophical approach involved in the investigation of the Problem (definition of the approach and application)
- Conclusion/solution provided (readdressing the problem)

### **BOOKS/JOURNAL ARTICLES AND MATERIALS RECOMMENDED:**

Cohen, Elliot D. (2016) *Logic-Based Therapy and Everyday Emotions: A Case Study Approach*, Lexington Books

Cohen, Elliot D. *Philosophical Principles of Logic-Based Therapy* (<http://society-for-philosophy-in-practice.org/journal/pdf/6-1%20027%20Cohen%20-%20Logic-Basedpdf>)

Curnow, T. *Wisdom and Philosophy*, *Practical Philosophy*, 3(1), 2000

Lahav, Ran. (2006). *Stepping Out of Plato's Cave: Philosophical counseling, Philosophical Practice and Self-Transformation*, Loyev Books, 2<sup>nd</sup> edition.

Lohav, Ran. *What is Philosophy in Philosophical Counselling?* *Journal of Applied Philosophy*, vol. 13, No.3, pp. 259-278, 1996.

Lahav, Ran. *Philosophical counseling as a Quest for Wisdom*, *Practical Philosophy*, 4(1), 2001

Ledon, Tim. *Philosophical Counselling : An Introduction* (First Published in *Thinking Through Dialogue: Essays on Philosophy in Practice*, Curnow.T (ed) 1999

Raabe, Peter B. (2000). *Philosophical Counselling – Theory and Practice*, Praeger Publishers Inc.

Sarte, J.P. (1993). *Being and Nothingness*, Simon And Schuster

Sarte, J.P. (2007). *Existentialism is Humanism*, Yale University Press. Sulavikova B. *Key Concepts in Philosophical Conselling*. *Human Affairs*. 24, 574-583, 2014

Sulavikova, B. *Philosophical Counselling Based on Dialogical Thinking*, *Human Affairs*, 23(4), 680-688, 2013

## Website links

<http://www.infanciacontemporanea.com/wp-content/uploads/2018/06/v9n3eng.pdf>

<https://philopractice.org/web/history-ran-lahav>

<https://peterrabe.ca/what.html>

<https://npcassoc.org/>

<https://www.ncbi.nlm.nih.gov/books/NBK64939/>

[https://merlinccc.org/wp-content/uploads/2016/12/philosophical-counselling.html\\_LBT\\_Marisa-Diaz-Waian\\_Grief-Workshop-2016-handout.pdf](https://merlinccc.org/wp-content/uploads/2016/12/philosophical-counselling.html_LBT_Marisa-Diaz-Waian_Grief-Workshop-2016-handout.pdf)

<https://www.curiussoulphilosophy.com/what-is-philosophical-counselling.html>